



One Monarch Place · Suite 1500  
 Springfield, MA 01144-1500  
 hne.com

# HNE SMOKING CESSATION CLASS REIMBURSEMENT FORM

**HNE is behind you in your efforts to become and remain smoke-free. In fact, we believe very strongly that quitting smoking will improve your quality of life and overall health. That is why HNE will pay you up to \$50 for attending a smoking cessation class or hypnosis session.**

## REQUIREMENTS

- The participant in the program must be an active HNE member at the time of participation.
- You can submit your form once per calendar year.
- Receipts and documents will not be returned. HNE will accept copies of receipts.
- Instructors must sign this form as proof of class completion.

## SUBSCRIBER'S INFORMATION

LAST NAME	FIRST NAME	
STREET ADDRESS	STATE	ZIP
EMPLOYER'S NAME	HNE ID #	PHONE #

All reimbursements will be sent to the subscriber's address currently on file with HNE. Maximum reimbursement is \$50 per member per calendar year.

## MEMBER'S INFORMATION

LAST NAME	FIRST NAME	
RELATIONSHIP TO THE SUBSCRIBER	DATE OF BIRTH      /      /	
CLASS DATE/LOCATION	PROGRAM/FACILITY NAME	
CLASS INSTRUCTOR NAME	CLASS INSTRUCTOR PHONE #	
INSTRUCTOR SIGNATURE		DATE
<input checked="" type="checkbox"/>		DATE
SUBSCRIBER/MEMBER SIGNATURE		DATE

Please submit this form and all documentation to:  
**Health New England - Member Reimbursements**  
**One Monarch Place, Suite 1500**  
**Springfield, MA 01144-1500**

Please allow 4-6 weeks for processing.

Note: Reimbursement requests for the prior year must be recieved by HNE no later than March 31.

## FOR HNE USE ONLY

EFFECTIVE DATE	GROUP #
PAID DATE	CHECK #



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## WESTERN MASSACHUSETTS SMOKING CESSATION PROGRAMS

Baystate Medical Center Springfield, MA	<i>Freedom from Smoking (run by the Pulmonary Rehabilitation Department)</i> <b>413.794.2255 • 800.377.4325</b>
Berkshire Medical Center Pittsfield, MA	<i>Tobacco Treatment Services</i> <b>413.499.2602</b>
Fairview Medical Center Pittsfield, MA	<i>Quit Now at Fairview Medical Center</i> <b>413.854.9622</b>
Noble Hospital Westfield, MA	<i>Forget Cigarettes Class</i> <b>413.642.9504</b>
Cooley Dickinson Hospital Northampton, MA	<i>Smoking Cessation</i> <b>413.582.2557</b>

## ONLINE RESOURCES

Make Smoking History (free for Massachusetts residents)	<i>makesmokinghistory.org</i> <b>800.QUIT.NOW (800.784.8669)</b>
American Lung Association <i>Freedom from Smoking</i>	<i>ffsonline.org</i> <b>413.737.3506 or 800.548.8252</b>
Quit All Together	<i>quitnet.com</i>

## ADDITIONAL BENEFIT INFORMATION

Many smoking cessation programs recommend the use of nicotine replacement therapies to supplement and support your efforts. Your doctor (obstetrician if you are pregnant) should decide if these are safe options for you. Depending on your HNE insurance policy, if you are enrolled in a smoking cessation program, you may be eligible to get these medications for a limited time for a copay. (Individual coverage/copays vary by employer group).

**Check HNE’s Prescription Formulary on [hne.com](http://hne.com) and with your Benefits Administrator for possible coverage of the following:**

- Nicotrol® nasal spray
- Nicotrol® inhaler
- Chantix
- Generic Zyban® (bupropion SR)

*Note: these medications, if covered, have a maximum allowable number of doses per prescription and refills. Call HNE for updated information.*