

Frequently Asked Questions About Youth Sport Sign Ups

At what age can my child start playing sports?

Activity is very important in a child's development. Most organized and instructional sports typically do not start until kindergarten age (5 or 6 years old), some start even later. If you are looking for a program for younger children, we suggest contacting a private business that has programs that allow kids to be social while developing motor skills.

When do I sign up my child for sports?

As a general rule, sign ups for a specific sport are held a season prior the activity. For example, winter sports hold their sign ups in the fall and spring sports typically hold their sign ups in the winter. The exception are fall sports. They hold their sign ups in the spring, as summer time does not work for many people.

If you are interested in involving your child in a sport activity, under the Parks & Recreation department webpage there is a listing of sport activities for the entire year.

Where do I find sign up information?

There are several ways that sign up information is distributed.

- All public schools as well as private schools in the City that opt to distribute the information will receive flyers to go home with the students.

- www.holyoke.org lists sign up information on the calendar as well as under the Parks & Recreation page for specific sports.

- Sign up for the event email list through the Parks & Recreation Department. Email the request to leclercp@holyoke.org

- Holyoke Parks & Recreation has a **Facebook** page on which the information is posted. Just search for the page and "like" it to stay current with all the happenings

THERE ARE MANY OPPORTUNITIES FOR PLAYING SPORTS. BELOW ARE LISTED THE HIGHER ENROLLED RECREATIONAL LEVEL SPORTS NOT HELD AT PRIVATE INSTITUTIONS.

HOLYOKE'S RECREATIONAL LEVEL SPORTS BY SEASON

Fall	Sign up in	Winter	Sign up in	Spring	Sign up in	Summer	Sign up in
Football, Field Hockey & Soccer	MID & LATE SPRING	Basketball & Volleyball	MID & LATE FALL	Baseball & Softball	MID & LATE WINTER	Baseball League & Summer Camps	MID & LATE SPRING