



One Monarch Place · Suite 1500  
 Springfield, MA 01144-1500  
 hne.com

# WELLNESS REIMBURSEMENT FORM

**There is more to staying healthy than seeing your doctor. It's up to you to make healthy choices. That's why Health New England (HNE) gives you more than just coverage for your doctor visits. Here is one of the many programs we offer to help you take charge of your health.**

**HNE will reimburse you up to \$150 per family per calendar year towards:**

- Qualifying fitness club membership
- School and town sports
- Personal trainer fees
- Weight Watchers
- Aerobic/wellness classes
- Athletic event registration fees

### Fitness Club Requirements

- The fitness club must have cardiovascular and strength training exercise equipment (YMCA, Planet Fitness, Healthtrax, Gold's Gym, LA Fitness, Springfield Jewish Community Center, Attain, etc.) that are included in membership.

### Weight Watchers Requirements

- Reimbursement applies only to Weight Watchers, Weight Watchers Online and Weight Watchers at work meetings.
- You must submit proof of payment (dated paid receipts or copies of bank or credit card statements).
- For traditional Weight Watchers please submit a copy of your stamped Weight Watchers Membership book.
- For Weight Watchers online, please provide a print out of your account billing history.

### School and Town Sports Registration Requirements

- You must submit a dated paid receipt<sup>1</sup>.

### Aerobic/Wellness Class and Personal Trainer Requirements

- Class instructors and personal trainers must be certified.
- Classes may include: pilates, yoga, spinning, aerobics, strength training, tai chi, kickboxing, martial arts, etc.

### Athletic Event Registration Fees

- 5K, Half Marathon, Tough Mudder, Triathlons, etc.

### Reimbursement Requirements - All Programs

- The participant in the program must be an active HNE member at the time of participation.
- You can submit your form up to two times per family in each calendar year, for a combined maximum annual reimbursement of \$150 per family.
- Receipts will not be returned. HNE will accept copies of the receipts.

### HNE will not reimburse you for:

- Classes or personal training sessions with uncertified trainers
- Country clubs; social clubs, or tanning salons
- Fees paid for food, books, transportation, videos, or any other items or services
- Fees paid to weight loss programs other than Weight Watchers
- Vitamins, supplements, sports/exercise equipment, or golf fees
- Requests received later than March 31 of the following year

<sup>1</sup>Examples of receipts could be a canceled check, or bank/credit card statements.

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**For HNE Use Only**  
 Current HNE member  
 Receipts/Contract that reflect payment  
 Amount to reimburse \$ \_\_\_\_\_

## WELLNESS REIMBURSEMENT FORM

### Subscriber Information

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

HNE ID #: \_\_\_\_\_

Telephone #: \_\_\_\_\_

**All reimbursements will be sent to the Subscriber's address currently on file with HNE.  
 Maximum reimbursement is \$150 per family per calendar year.**

### Member Information (Name of all covered family members for whom you are submitting this request)

Member Name (Last, First)	Relationship to Subscriber	Date of Birth

### Activity for reimbursement

Type of activity	Program/facility name	Address/Phone#	Amount requested	Calendar Year
				20__
				20__
				20__

### Information needed for reimbursement

- **A copy of relevant contracts, membership agreements, personal trainer agreements with license #, or registration forms: (school and town sports, athletic events may submit dated paid receipt<sup>1</sup> only.)**
- Dated paid receipts or copies of bank or credit card statements. The receipts must include the member's name.
- For traditional Weight Watchers, please submit a copy of your stamped Weight Watchers membership book.
- For Weight Watchers online, please provide a print out of your account billing history.

Certification and Authorization. (This form must be signed by each covered family member aged 18 or older for whom reimbursement is sought.)

I authorize the release of any information to HNE about my health club membership, school and town sports registration, aerobic/wellness class, personal training, athletic events and if applicable Weight Watchers participation. I certify that the information provided in support of this submission is complete and correct.

**Subscriber signature/Member signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Mail completed form and the "Information needed for reimbursement" described above to  
 Health New England, Claims Department, One Monarch Place, Suite 1500, Springfield, MA 01144-1500.  
 Please allow 4-6 weeks for processing.**

**NOTE: Reimbursement requests for the prior year must be received by HNE no later than March 31.**

<sup>1</sup>Examples of receipts could be a canceled check, or bank/credit card statements.