

## Services for Older Adults

Written by Council on Aging Admin

Tuesday, April 22 2008 13:13 - Last Updated Tuesday, January 25 2011 15:41

---

The Holyoke Council on Aging is a municipal department providing services to enhance the lives of elders. We offer a variety of ongoing programs and services including:

- Transportation,
- Health and wellness services,
- Recreational programs,
- Fitness classes,
- Health insurance counseling,
- Tax assistance, and
- Meals.

Our staff is also here to assist elders and their loved ones to navigate the often confusing elder service network.

Our Senior Center and offices are located in downtown Holyoke at the War Memorial - 310 Appleton St.

We provide our services in a variety of locations throughout the city.

The monthly [blood pressure schedule](#) (pdf) for clinics located throughout the city is available here.

Our newsletter, Events Galore (PDF), is available here.

An Executive Summary of the community wide needs assessment (PDF) is available here. The complete report is available for purchase. Contact the Council on Aging for further information. [holyoke executive summary only](#)

## Services for Older Adults

Written by Council on Aging Admin

Tuesday, April 22 2008 13:13 - Last Updated Tuesday, January 25 2011 15:41

---

[Contact Webmaster](#)